



**STRETCH YOUR LIMITS**

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**TAKE A TOUR**

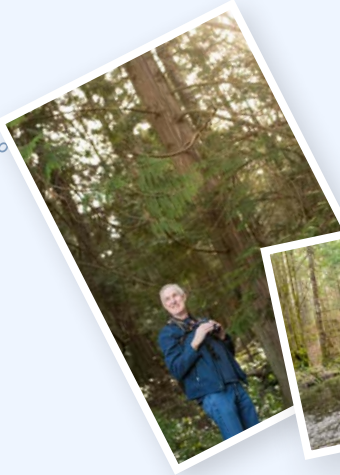
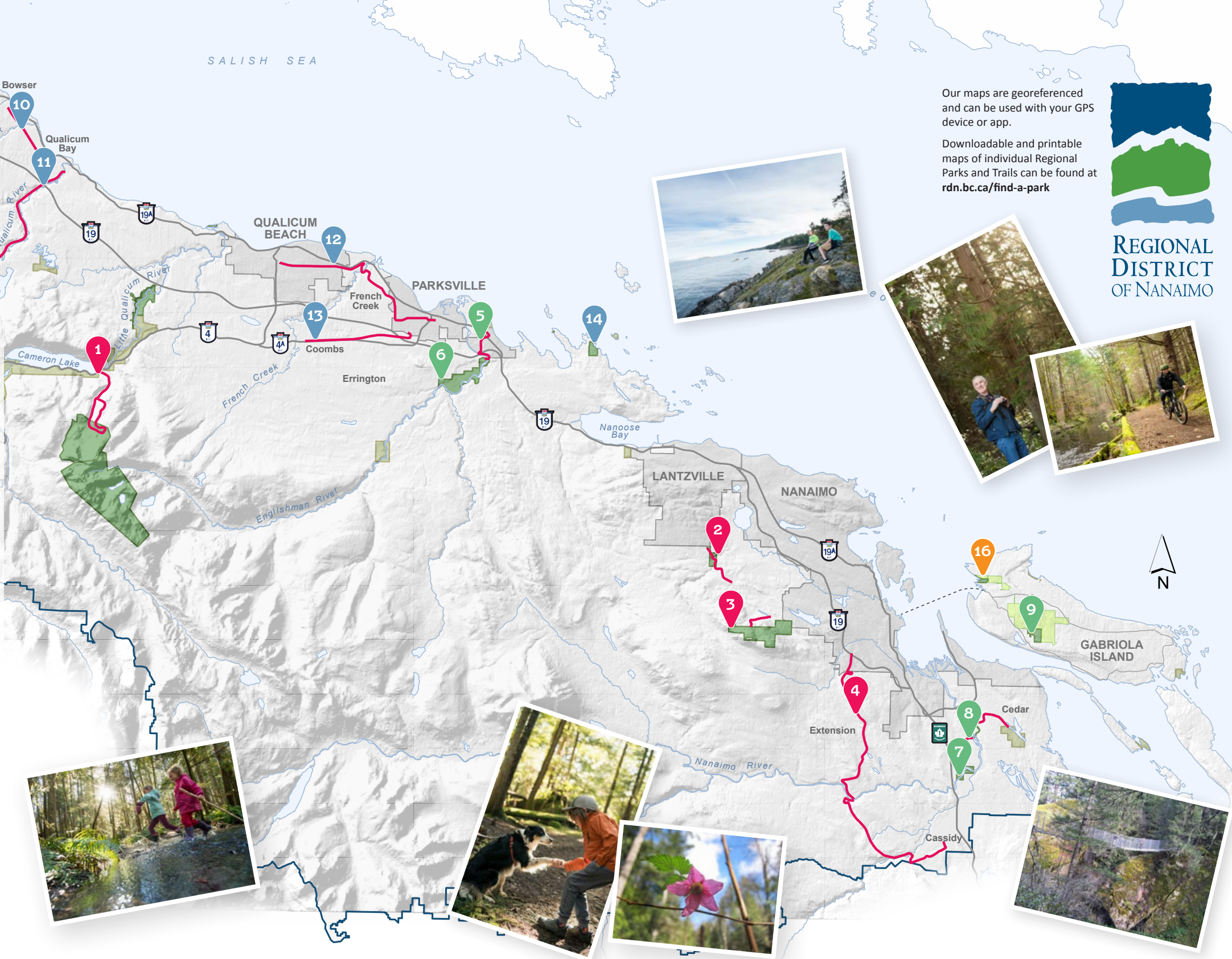
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Our maps are georeferenced and can be used with your GPS device or app.

Downloadable and printable maps of individual Regional Parks and Trails can be found at [rdn.bc.ca/find-a-park](http://rdn.bc.ca/find-a-park)



**REGIONAL DISTRICT OF NANAIMO**



1

Arrowsmith CPR Regional Trail

Park at the BC Parks Cameron Lake day-use area located on Hwy 4 at the east end of the lake. Carefully cross Hwy 4 to reach the trailhead.

**UTM Coordinates at Cameron Lake day-use area:**  
5460666.252 N  
384707.370 E

2

Benson Creek Falls Regional Park and Ammonite Falls Regional Trail

Primary parking lot on Weigles Rd and secondary parking lot on Creekside Pl, off Jameson Rd.

**UTM Coordinates at Weigles Rd parking lot:**  
5450082.420 N; 421019.937 E

**UTM Coordinates at Creekside parking lot:**  
5448177.834 N; 422554.202 E

3

Mount Benson Regional Park and Benson View Regional Trail

Parking area on Benson View Rd for Park & Trail access.

**UTM Coordinates at Benson View Rd parking area:**  
5446264.669 N  
424279.212 E

4

Trans Canada Trail

**Extension Ridge trailhead:**  
off Harewood Mines Rd.  
UTMs: 5442715.519 N;429327.384 E

**Pipeline trailhead:**  
off Nanaimo River Rd.  
UTMs: 5436231.601 N;429148.590 E

**White Pine and Haslam trailheads:**  
off Timberlands Rd.  
UTMs: 5431275.141 N;433164.810 E

5

Top Bridge Regional Trail

**Parkville access:** along Resort Dr at Industrial Way & Tuan Rd or at the end of Chattell Rd.  
**Allsbrook Rd:** end of the road at the suspension bridge

**UTM Coordinates at Allsbrook Rd parking area:**  
5461394.194 N  
407519.642 E

6

Englishman River Regional Park

Access at the end of Allsbrook Rd or at the end of Middlegate Rd.

**UTM Coordinates at Allsbrook Rd parking area:**  
5461394.194 N  
407519.642 E

7

Nanaimo River Regional Park

Access on Fry Rd & Frey Rd.

**UTM Coordinates at Frey Rd:**  
5437018.930 N  
436611.398 E

**UTM Coordinates at Fry Rd:**  
5436382.228 N  
435876.423 E

8

Morden Colliery Regional Trail

**West side access:** Morden Rd at Provincial Park.  
**East side access:** Hemer Rd at Provincial Park.  
Access also from Cedar Plaza.

**UTM Coordinates at end of Morden Rd:**  
5438355.879 N;436302.453 E  
**UTM Coordinates on Cedar Rd:**  
5439653.768 N;437184.738 E

9

Coats Marsh Regional Park

Access park on Gabriola Island on Stanley Pl off Coats Dr.

**UTM Coordinates at Stanley Pl:**  
5444449.918 N  
440907.225 E

10

Lighthouse Country Regional Trail

**North loop:** on McColl Rd & Wildwood Community Park in Bowser.  
**South loop:** on Lioness Blvd in Qualicum Bay.

**UTM Coordinates at McColl Rd access:**  
5476345.139 N;379253.914 E  
**UTM Coordinates at Lioness Blvd access:**  
5473567.480 N;381480.911 E

11

Big Qualicum River Regional Trail

Access trail at the Big Qualicum River Salmon Hatchery off Horne Lake Rd between Hwys 19 & 19A.

**UTM Coordinates at the fish hatchery:**  
5472493.253 N  
382709.918 E

12

Parkville-Qualicum Beach Links

Accessed at any point along the way from City Hall in Parkville to downtown in Qualicum Beach.

13

Coombs to Parkville Rail Trail

**Parkville access:**  
at Springwood Park, parking lot available.  
**Coombs access:**  
at Station Rd & Hwy 4A.

**UTM Coordinates for Springwood Park parking area:**  
5462989.759 N  
403126.642 E

14

Moorecroft Regional Park

Access to park at end of Stewart Rd.

**UTM Coordinates at Stewart Rd. entrance:**  
5461769.430 N  
414432.817 E

15

Horne Lake Regional Park

Take exit 75 off Hwy 19 to the junction with Horne Lake Caves Rd; turn inland and follow signs to Horne Lake Regional Park.

**UTM Coordinates at Regional Park entrance:**  
5468009.688 N  
373526.659 E

16

Descanso Bay Regional Park

Access park on Gabriola Island at 595 Taylor Bay Rd.

**UTM Coordinates at Regional Park entrance:**  
5448010.097 N  
437624.051 E