

Oceanside Place Arena

January 7 - Mar 17, 2024

Feb 19, Mon Regular skate sessions are closed.  
Open for Free BC Family Day Skate: 1:00-4:00pm.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SKATES						
	<b>55yrs+ Hockey</b> 9:45-11:15am <i>No session Feb 19</i>	<b>70yrs+ Hockey</b> 9:45-11:15am	<b>Leisure Skate</b> 9:45-11:00am	<b>70yrs+ Hockey</b> 9:45-11:15am	<b>55yrs+ Hockey</b> 9:45-11:15am	
	<b>Leisure Skate</b> 9:45-11:00am <i>No session Feb 19</i>				<b>Leisure Skate</b> 9:45-11:00am	
<b>Parksville Lions &amp; Save-On-Foods Free Family Skate</b> 12:00-1:30pm	<b>19yrs+ Hockey</b> 12:00-1:30pm <i>No session Feb 19</i>	<b>19yrs+ Stick &amp; Puck</b> 12:00-1:30pm	<b>19yrs+ Hockey</b> 12:00-1:30pm	<b>19yrs+ Stick &amp; Puck</b> 12:00-1:30pm	<b>19yrs+ Hockey</b> 12:00-1:30pm	<b>Leisure Skate</b> 12:00-1:15pm
	<b>Pond Hockey</b> 3:15-4:15pm <i>No session Feb 19</i>		<b>Pond Hockey</b> 3:15-4:15pm			
	<b>Leisure Skate</b> 4:30-5:45pm <i>No session Feb 19</i>		<b>Leisure Skate</b> 4:30-5:45pm			
			<b>Parent &amp; Child Hockey (pre-register)</b> 6:00-7:00pm		<b>GLOW Leisure Skate</b> 6:30-7:45pm <i>No session Jan 12</i>	

Spring Break skate schedule (March 16-April 1) will be online March 4, 2024.

Public Skate Descriptions:

- Hockey: 19yrs+, 55yrs+, 70yrs+ Full gear is mandatory. Maximum 26 players and two goalies. 55yrs+ max 28 players and two goalies. Goalies play for free.
- 19yrs+ Stick & Puck:** This is a practice session with no games or shots taken. Helmets and gloves are mandatory.
- Leisure Skate:** A leisure lap skating session for all ages and abilities. No sticks, pucks or figure skating tricks. Helmets recommended.  
**Glow Leisure Skate:** Light up your Friday night with skating, flashing lights and pumping music.
- Parksville Lions & Save-On-Foods Free Family Skate:** Free admission and skate rentals. Children must be accompanied by an adult, 19yrs+.
- Parent & Child Hockey:** Pre-registration is required. Parents and children will be able to sharpen their stick handling, skating and shooting skills while bonding over the game of hockey. Parents must be on the ice with the child. This is a non-game session.
- Pond Hockey:** Half ice hockey session for all ages and abilities. Skate staff will monitor game play. Plastic pucks only. Helmets are mandatory.



Check out REC Connect, your online resource for ways to stay active and connected.

- Visit our active and creative ideas and links to resources to keep you active,
- Visit the Frequently Asked Questions for updates and program registration dates,
- Register to this page to be first to receive the newest Active Living Guide by email.

Visit [getinvolved.rdn.ca/rec-connect](http://getinvolved.rdn.ca/rec-connect)

Special Events

- Everyone Welcome Bonus Swims**  
Jan 6, Sat 9:00am-12:00pm
- BC Family Day Free Swim**  
Mo Feb 19, 10:00am-2:00pm
- BC Family Day Free Skate**  
Mo Feb 19, 1:00-4:00pm

Lifeguards Wanted - Get trained and join our team!

The Regional District of Nanaimo continues to actively recruit and offer opportunities for lifeguard training. If you are interested in becoming a Lifeguard/Swim Instructor call 250-752-5014. Current job postings can be found at [rdn.bc.ca/employment](http://rdn.bc.ca/employment)



Swim & Skate Schedule

WINTER 2024 updated Jan 8, 2024



Recreation and Parks

- Oceanside Place Arena**  
830 West Island Hwy, Parksville  
250 248-3252
- Ravensong Aquatic Centre**  
737 Jones Street, Qualicum Beach  
250 752-5014



Schedule subject to change without notice.

Feb 19, Mon Closed • Open for Free BC Family Day Swim: 10:00am-2:00pm

Spring Break swim schedule (March 16-April 1) will be online March 4, 2024

MAIN AND LEISURE POOL SCHEDULE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lane Swim 6:00-8:00am	Lane Swim (2 lanes) & Club Rental 6:00-7:15am	Lane Swim 6:00-8:00am	Lane Swim (2 lanes) & Club Rental 6:00-7:15am	Lane Swim 6:00-8:00am	
		Lane Swim 7:15-8:00am		Lane Swim 7:15-8:00am		Lane Swim (2 lanes) & Rental 7:00-8:00am
Lessons (Hot spots & pools closed to public) 8:00-10:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Lane Swim 8:00-9:00am
	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Lessons (Hot spots & pools closed to public) 9:00am-12:00pm
Family Swim 10:00am-12:00pm	Leisure Swim & Rental 10:00-11:00am	Leisure Swim 10:00-11:00am	Leisure Swim & Rental 10:00-11:00am	Leisure Swim 10:00-11:00am	Leisure Swim & Rental 10:00-11:00am	
	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	
Lane/Leisure Swim 12:00-1:00pm	Lessons (Hot spots & pools closed to public) 1:00-2:30pm	Lessons (Hot spots & pools closed to public) 1:00-2:30pm	Lessons (Hot spots & pools closed to public) 1:00-2:30pm	Lessons (Hot spots & pools closed to public) 1:00-2:30pm	Lessons (Hot spots & pools closed to public) 1:00-2:30pm	Lane/Leisure Swim 12:00-1:00pm
Everyone Welcome 1:00-5:00pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Everyone Welcome 1:00-5:00pm
	Lane Swim (1 lane) & Rental 3:30-6:30pm	Lessons (Pools closed to public) 3:30-7:30pm	Lane Swim (1 lane) & Rental 3:30-6:30pm	Lessons (Pools closed to public) 3:30-7:30pm	Lane Swim (1 lane) 3:30-5:00pm	
Private Rental (Hot spots & pools closed to public) 5:00-6:00pm	Everyone Welcome 6:30-8:00pm	Aquafit 7:30-8:30pm	Everyone Welcome 6:30-8:00pm	Aquafit 7:30-8:30pm	Leisure Pool Only & Club Rental 5:00-6:30pm	Private Rental (Hot spots & pools closed to public) 5:00-6:00pm
	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Lane/Leisure Swim 8:30-9:30pm	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Lane/Leisure Swim 8:30-9:30pm	Teen Swim 7:00-9:00pm	
LEISURE POOL SCHEDULE:						
12:00-5:00pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 6:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 7:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 6:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 7:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 2:30-6:30pm	7:00-9:00am 12:00-5:00pm
HOT SPOTS SCHEDULE: (showers, hot tub, sauna and steam room)						
12:00-5:00pm	6:00-9:00am 10:00am-1:00pm 2:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 4:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-3:30pm 4:30-9:30pm	6:00-9:00am 10:00am-1:00pm 2:30-6:30pm	7:00-9:00am 12:00-5:00pm

Swim Descriptions:

- Aquafit:** A water exercise class led by an aquatic instructor. The pool is reserved for aquafit participants.
- Lane Swims:** Continuous lane swimming is available for slow, moderate and fast swimming. Access to the hot spots and leisure pool is available. During lane swim and rental, two swim lanes will be open for the public.
- Everyone Welcome:** All of the pools are available at this time. The diving board, rope swing and pool toys will be open throughout the session.
- Leisure Swim:** Designed for water walking, stationary exercises and deep-water jogging in the pool. Continuous lap swimming is not available. Access to the hot spots and leisure pool is available. During leisure swim and rental, main pool is shared with rental group. Ask reception for details.

- Family Swim:** A special time for families to enjoy the pool together. Adults must be accompanied by a child or youth and children and youth must be accompanied by an adult. The hot spots and leisure pool are limited to use by families only.
- Teen Swim 13-18yrs:** Fridays are teen time in the pool. Inflatables, basketball and diving boards will be open. The hot spots and leisure pool are limited to use by teens only. \$2 admission.
- Pools Closed for Lessons:** The main and leisure pools are used for swimming lessons and rental groups. There is no access to the pools or hot spots during these times unless otherwise noted.
- Pools Closed for Rentals:** The pool is closed to the public during private rentals. No access to the pools, hot spots or change rooms during these times. To rent the pool, call 250-752-5014 or book online [rdn.bc.ca/recreation](http://rdn.bc.ca/recreation).

Please note:

Children seven years of age and under, or less than four feet tall, must be within arms reach of a parent or guardian (16 years of age or older). A maximum ratio of three children seven years of age or under, or under four feet tall, per adult is required.

Patrons 15 years of age and under must be accompanied by a parent or guardian (16 years of age or older) in the hot tub, sauna or steam room. A recommended maximum time for children in these hot spot areas is five minutes.

10x Admission Pass Card and 3, 6, 12 Month Active Cards are available for drop-in swim and skate admissions.

Admissions (includes 5% GST)							
	Tot 0-3 yrs	Child 4-12 yrs	Student 13-18 yrs	Adult 19-59 yrs	Senior 60-79 yrs	Golden 80+ yrs	Family
Drop-in	Free	\$3.35	\$4.47	\$6.39	\$5	Free	\$12.98 or \$17.39/w skate rental
10X Active Pass		\$30.15	\$40.26	\$57.55	\$44.98		\$116.80
Skate Rental	Free	\$1.61	\$1.61	\$3.18	\$3.18	Free	
3 Month Active Living Card		\$87.09	\$116.30	\$166.26	\$129.95		\$337.43
6 Month Active Living Card		\$156.75	\$209.34	\$299.26	\$233.91		\$607.37
12 Month Active Living Card		\$235.14	\$314.01	\$448.90	\$350.87		\$911.06
Other Services							
Skate Sharpening							\$6.27
10x Skate Sharpening							\$56.45
Locker Rental							0.25/0.50

• A \$6.15 replacement fee will be charged for any lost or stolen Active Pass cards.

Locker Rentals:

Ravensong Aquatic Centre: Cost is \$0.25-\$0.50.

Oceanside Place Arena: Locker keys can be signed out at reception. No deposit required.

RDN is not responsible for lost or stolen items.