Oceanside Place Arena Winter January 5 - March 14, 2025

Feb 17, Mon: No regular public sessions.

Open for Free BC Family Day Skate: 1:00-4:00pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC SKATES AND DROP-IN SESSIONS						
	55yrs+ Hockey 9:45-11:15am No session Jan 27, Feb 17	70yrs+ Hockey 9:45-11:15am No session Jan 7, 28		70yrs+ Hockey 9:45-11:15am	55yrs+ Hockey 9:45-11:15am	
	Leisure Skate 9:45-11:00am No session Jan 6, Feb 17		Leisure Skate 9:45-11:00am No session Jan 8		Leisure Skate 9:45-11:00am	Drop-in Playtime on the Pond 10:30-11:30am
Parksville Lions & Save-On-Foods Free Family Skate 12:00-1:30pm Starts Jan 5	19yrs+ Hockey 12:00-1:30pm No session Jan 27, Feb 17	19yrs+ Stick & Puck 12:00-1:30pm No session Jan 7	19yrs+ Hockey 12:00-1:30pm No session Jan 8	19yrs+ Stick & Puck 12:00-1:30pm	19yrs+ Hockey 12:00-1:30pm	Leisure Skate 12:00-1:15pm
	Pond Hockey 3:15-4:15pm No session Feb 17		Pond Hockey 3:15-4:15pm No session Jan 8			Drop-in Hoops 2:00-3:00pm
	Leisure Skate 4:30-5:45pm No session Feb 17		Leisure Skate 4:30-5:45pm No session Jan 8			
			Parent & Child Hockey 6:00-7:00pm No session Jan 8		GLOW Leisure Skate 6:30-7:45pm	

Spring Break skate schedule (March 15-30) will be online March 4, 2025.

Public Session Descriptions: Hockey: 19yrs+, 55yrs+, 70yrs+ Full gear is mandatory. Maximum Parent & Child Hockey: Parents and children will be able 26 players and two goalies. 55yrs+ max 28 players and two to sharpen their stick handling, skating and shooting skills while bonding over the game of hockey. Helmets and gloves goalies. Goalies play for free. mandatory. Parents must be on the ice with the child. This is a 19yrs+ Stick & Puck: This is a practice session with no games. non-game session. Nets are available. Helmets and gloves are mandatory. Pond Hockey: Ice hockey session for all ages and abilities. Skate staff will monitor game play. Plastic pucks only. Leisure Skate: A leisure lap skating session for all ages and abilities. No sticks, pucks or figure skating tricks. Helmets Helmets are mandatory. recommended. Drop-in Playtime on the Pond: Whether you want to play Glow Leisure Skate: Light up your Friday night with skating, sports, make crafts or play games, this session offers the flashing lights and pumping music. Helmets recommended. opportunity to have a blast with friends and family. All ages and abilities. Parksville Lions & Save-On-Foods Free Family Skate: Free admission and skate rentals. Helmets recommended. Drop-in Hoops: Whether you're experienced at basketball or just starting out, this shoot around session provides a friendly space to be active with friends and family. All ages and abilities.

Special Events

Ravensong Aquatic Centre

Science in the Park Winter and Alpine Ecosystems
Mount Benson Regional Park
Saturday, January 26, 11 a.m. - 2 p.m. Free

Regional District of Nanaimo (RDN) meeting held on

October 8, 2024, the Board directed staff to proceed with

Everyone Welcome Bonus Swim Ravensong Aquatic Centre Saturday, February 15, 9 a.m. - 12 p. Regular admission

Bonus Family SwimRavensong Aquatic Centre
Sunday, February 16, 8-10 a.m.
Regular admission

REGIONAL DISTRICT OF NANAIMO

Aquatic Centre Expansion project

referendum for the Ravensong preparations for a spring 2025

BC Family Day Free SwimRavensong Aquatic Centre
Monday, February 17, 10 a.m.

Be sure to register and subscribe to www.getinvolved.rdn.ca/rac-expansion-referendum for updates, events, and the referendum date announcement.

Oceanside Place Arena Monday, February 17, 1-4 p.m., **BC Family Day Free Skate**

Everyone Welcome Bonus Swim Ravensong Aquatic Centre Saturday, March 15 9 a.m. - 12 p.r Regular admission

Ravensong Áquatic Centre Sunday, March 16 8-10 a.m. Regular admission **Bonus Family Swim**

Science in the Park - Signs of Spring Moorecroft Regional Park Saturday, March 16, 11 a.m. - 2 p.m. Free

out REC Connect, your online resource

for ways to stay active and connected.

View the current Winter Spring Active Living





Parksville **Oceanside Place Arena**

Centre Im Beach Ravensong Aquatic Ce 737 Jones Street, Qualicum 250 752-5014

Recreation and Parks

830 West Island Hwy, F 250 248-3252



Register to this page to be first to receive the

newest Active Living Guide by email.

Visit getinvolved.rdn.ca/rec-connect



Ravensong Aquatic Centre

Winter – January 6 - March 14, 2025

Feb 17, Mon: No regular public sessions.

Open for free BC Family Day Swim: 10:00am-2:00pm. Schedule subject to change without notice.

MAIN POOL SCH		Tuesday	Wodnoodou	Thursday	Friday	Caturday	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Lane Swim 6:00-8:00am	Lane Swim (2 lanes) & Club Rental 6:00-7:15am	Lane Swim 6:00-8:00am	Lane Swim (2 lanes) & Club Rental 6:00-7:15am	Lane Swim 6:00-8:00am		
		Lane Swim 7:15-8:00am		Lane Swim 7:15-8:00am		Lane Swim (2 lanes) & Club Rental 7:00-8:00am	
Lessons (Closed to public) 8:00-10:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Lane Swim 8:00-9:00am	
5.00 10.00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Aquafit 9:00-10:00am	Lessons (Closed to public) 9:00am-12:00pm	
Family Swim 10:00am-12:00pm	Leisure Swim & Rental 10:00-11:00am	Leisure Swim 10:00-11:00am	Leisure Swim & Rental 10:00-11:00am	Leisure Swim 10:00-11:00am	Leisure Swim & Rental 10:00-11:00am		
Lane/Leisure Swim 12:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane Swim 11:00-1:00pm	Lane/Leisure	
	Lessons (Closed to public)	Lessons (Closed to public)	Lessons (Closed to public)	Lessons (Closed to public)	Lessons (Closed to public)	Swim 12:00-1:00pm	
Everyone Welcome	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	1:00-2:30pm	Everyone Welcome	
1:00-5:00pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	Lane Swim 2:30-3:30pm	1:00-5:00pm	
	Lessons (Closed to public) 3:30-6:30pm	Lessons (Closed to public) 3:30-7:30pm	Lessons (Closed to public) 3:30-6:30pm	Lessons (Closed to public) 3:30-7:30pm	Rental 3:30-5:00pm		
Private Rental (Closed to public) 5:00-6:00pm	Everyone Welcome 6:30-8:00pm	Aquafit 7:30-8:30pm	Everyone Welcome 6:30-8:00pm	Aquafit 7:30-8:30pm	Lane Swim (2 lanes) & Club Rental 5:00-6:30pm	Private Rental (Closed to public) 5:00-6:00pm	
	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Lane/Leisure Swim 8:30-9:30pm	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Lane/Leisure Swim 8:30-9:30pm	Teen Swim 7:00-9:00pm		
LEISURE POOL SO	CHEDULE:						
12:00-5:00pm	6:00am-1:00pm 2:30-3:30pm 6:30-9:30pm	6:00am-1:00pm 2:30-3:30pm 7:30-9:30pm	6:00am-1:00pm 2:30-3:30pm 6:30-9:30pm	6:00am - 1:00pm 2:30-3:30pm 7:30-9:30pm	6:00am-1:00pm 2:30-6:30pm	7:00-9:00am 12:00-5:00pm	
HOT SPOTS SCHE	DULE: (showers, h	ot tub, sauna and	steam room)				
12:00-5:00pm	6:00am-1:00pm 2:30-9:30pm	6:00am-1:00pm 2:30-3:30pm 4:30-9:30pm	6:00am-1:00pm 2:30-9:30pm	6:00am-1:00pm 2:30-3:30pm 4:30-9:30pm	6:00am-1:00pm 2:30-6:30pm	7:00-9:00am 12:00-5:00pm	



Swim Descriptions:	
Aquafit: One hour of low impact and high energy water exercise class led by an aquatic instructor. The pools and hot spots are dedicated to aquafit participants. Drop-in use of the leisure pool and hot spots may be limited.	Family Swim: A special time for families to enjoy the pool together. Adults must be accompanied by a child or youth and children and youth must be accompanied by an adult. The facility is limited to use by families only.
Lane Swims: Continuous lane swimming is available for slow, moderate and fast swimming. Access to the hot spots and leisure pool is available. During lane swim and rental, two swim lanes will be open for the public.	Teen Swim 13-18yrs: Fridays are teen time in the pool. Inflatables, basketball and diving boards will be open. The facility is limited to use by teens only. \$2 admission.
Everyone Welcome: All of the pools are available at this time. The diving board, rope swing and pool toys will be open throughout the session. Leisure Swim: Designed for water walking, stationary	Pools Closed for Lessons: The main and leisure pools are used for swimming lessons and rental groups. There is no access to the pools or hot spots during these times unless otherwise noted.
exercises and deep-water jogging in the pool. Continuous lap swimming is not available. Access to the hot spots and leisure pool is available. During leisure swim and rental, main pool is shared with rental group. Ask reception for details.	Pools Closed for Rentals: The pool is closed to the public during private rentals. No access to the pools, hot spots or change rooms during these times. To rent the pool, call 250-752-5014 or book online rdn.bc.ca/recreation.
Please note:	
Children seven years of age and under, or less than four feet tall, must be within arms reach of a parent or guardian (16 years of age or older). A maximum ratio of three children seven years of age or under, or under four feet tall, per adult is required.	Patrons 15 years of age and under must be accompanied by a parent or guardian (16 years of age or older) in the hot tub, sauna or steam room. A recommended maximum time for children in these hot spot areas is five minutes.

10x Admission Pass Card and 3, 6, 12 Month Active Cards are available for drop-in swim and skate admissions.

Admissions (includes 5% GST)							
	Tot 0-3yrs	Child 4-12yrs	Youth 13-24yrs	Adult 25-59yrs	Senior 60-79yrs	Golden 80+yrs	Family
Drop-in	Free	\$3.63	\$4.47	\$6.39	\$5	Free	\$13.68 or \$18.33/w skate rental
10X Active Pass		\$32.67	\$40.26	\$57.55	\$44.98		\$123.12
Skate Rental	Free	\$1.74	\$1.74	\$3.18	\$3.18	Free	
3 Month Active Living Card		\$94.38	\$116.30	\$166.26	\$129.95		\$355.68
6 Month Active Living Card		\$169.88	\$209.34	\$299.26	\$233.91		\$640.22
12 Month Active Living Card		\$254.83	\$314.01	\$448.90	\$350.87		\$960.34

• A \$6.15 replacement fee will be charged for any lost or stolen Active Pass cards. Locker Rentals: Personal belongings can be kept in lockers at both facilities. RDN is not responsible for lost or stolen items.

Ravensong Aquatic Centre: Cost is \$0.25-\$0.50. Oceanside Place Arena: Locker keys can be signed out at reception. No deposit required.

Other Services				
Skate Sharpening	\$6.58			
10x Skate Sharpening	\$59.25			
Locker Rental	0.25/0.50			

Private Swim Lessons (30 minutes) are available. Book online today at rdn.bc.ca/recreation