

March 17-April 2, 2024

Schedule subject to change without notice.
Closed May 20; arena open for pre-scheduled rentals - must book in advance.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 17	March 18	March 19	March 20	March 21	March 22	March 23
No skate sessions	OMHA Tournament No skate sessions	70yrs+ Hockey 9:45-11:15am	55yrs+ Hockey 9:45-11:15am	70yrs+ Hockey 9:45-11:15am	55yrs+ Hockey 9:45-11:15am	
		Stick & Puck 12:00-1:30pm	19yrs+ Hockey 12:00-1:30pm	Stick & Puck 12:00-1:30pm	Leisure Skate 9:45-11:00am	Leisure Skate 12:30-1:15pm
		Pond Hockey 3:15-4:15pm	Pond Hockey 3:15-4:15pm	Pond Hockey 3:15-4:15pm	19yrs+ Hockey 12:00-1:30pm	
		Leisure Skate 4:30-5:45pm	Leisure Skate 4:30-5:45pm	Leisure Skate 4:30-5:45pm		
			Parent and Child Hockey 6:00-7:00pm drop-in			
March 24	March 25	March 26	March 27	March 28	March 29	March 30
No skate sessions	55yrs+ Hockey 9:45-11:15am	70yrs+ Hockey 9:45-11:15am	55yrs+ Hockey 9:45-11:15am	70yrs+ Hockey 9:45-11:15am	Good Friday	
	Leisure Skate 9:45-11:00am	Stick & Puck 12:00-1:30pm	19yrs+ Hockey 12:00-1:30pm	Stick & Puck 12:00-1:30pm	No skate sessions	Leisure Skate 12:00-1:15pm
	19yrs+ Hockey 12:00-1:30pm	Leisure Skate 12:00-1:15pm	Leisure Skate 3:45-5:00pm	Leisure Skate 12:00-1:15pm		
	Pond Hockey 3:15-4:15pm		Parent and Child Hockey 6:00-7:00pm drop-in			
	Leisure Skate 4:30-5:45pm					
March 31	April 1					
No skate sessions	No skate sessions					

Public Skate Descriptions (regular admission rates apply):

- Hockey: 19yrs+, 55yrs+, 70yrs+** Full gear is mandatory. Maximum 26 players and 2 goalies. 55yrs+ max 28 players. Goalies play for free.
- 19yrs+ Stick & Puck:** This is a practice session with no games or shots taken. Helmets and gloves are mandatory.
- Leisure Skate:** A leisure lap skating session for all ages and abilities. No sticks, pucks or figure skating tricks. Helmets recommended.
- Pond Hockey:** ice hockey session for all ages and abilities. Skate staff will monitor game play. Plastic pucks only. Helmets are mandatory.
- Parent and Child Hockey:** Families can sharpen their stick handling, skating and shooting skills together in this session. This session does not involve gameplay. A parent must be on the ice with their child. Limited to 24 spots.



- Check out REC Connect, your online resource for ways to stay active and connected.
- Visit our active and creative ideas and links to resources to keep you active,
 - Visit the Frequently Asked Questions for updates and program registration dates,
 - Register to this page to be first to receive the newest Active Living Guide by email.

Visit [getinvolved.rdn.ca/rec-connect](https://rdn.ca/rec-connect)

Special Events

18th Annual Golden Shoe Hunt
Clues and instructions for the locations of the shoes will be posted weekly to getinvolved.rdn.ca/golden-shoe, and RDN social media starting March 29.
Mar 29-May 3

Everyone Welcome Bonus Swim
Sa Apr 6 9:00am-12:00pm

Science in the Park
Moorecroft Regional Park
Su Apr 7 11:00am-2:00pm Free drop-in

Superhero Swim
Sa Apr 20 1:00-5:00pm

Youth Week, May 1-7
The full list of events will be available at getinvolved.rdn.ca/rec-connect by April 19

Free Youth Week Swim
Fr May 3, 7:00-9:00pm

Everyone Welcome Bonus Swim
Sa May 18 9:00am-12:00pm

Science in the Park
Horne Lake Regional Park – Freshwater Lakes
Su Jun 9 11:00am-2:00pm Free drop-in



Swim/Skate Schedule

Spring Break 2024



Recreation and Parks

Oceanside Place Arena
830 West Island Hwy, Parksville
250 248-3252

Ravensong Aquatic Centre
737 Jones Street, Qualicum Beach
250 752-5014

March 16 - April 1, 2024

Schedule subject to change without notice.

Closed March 29 and April 1. Summer swim schedule will be online May 14, 2024

MAIN POOL SCHEDULE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lane Swim 6:00-8:00am	Lane Swim 6:00-8:00am	Lane Swim 6:00-8:00am	Lane Swim 6:00-8:00am	Lane Swim 6:00-8:00am	Lane Swim (2 lanes) & Club Rental 7:00-8:00am
						Lane Swim 8:00-9:00am
	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Leisure Swim 8:00-9:00am	Everyone Welcome 9:00am-12:00pm
	Aquafit 9:00-10:0am	Aquafit 9:00-10:0am	Aquafit 9:00-10:0am	Aquafit 9:00-10:0am	Aquafit 9:00-10:0am	
Family Swim 10:00am-12:00pm	Leisure Swim Shared 10:00-11:00am	Leisure Swim Shared 10:00-11:00am	Leisure Swim Shared 10:00-11:00am	Leisure Swim Shared 10:00-11:00am	Leisure Swim Shared 10:00-11:00am	
Lane/Leisure Swim 12:00-1:00pm	Lane Swim Shared 11:00am-1:00pm	Lane Swim Shared 11:00am-1:00pm	Lane Swim Shared 11:00am-1:00pm	Lane Swim Shared 11:00am-1:00pm	Lane Swim Shared 11:00am-1:00pm	Lane/Leisure Swim 12:00-1:00pm
Everyone Welcome 1:00-5:00pm	Everyone Welcome 1:00-4:00pm	Everyone Welcome 1:00-4:00pm	Everyone Welcome 1:00-4:00pm	Everyone Welcome 1:00-4:00pm	Everyone Welcome 1:00-4:00pm	Everyone Welcome 1:00-5:00pm
	Lane Swim (4 lanes) 4:00-6:00pm	Lane Swim (4 lanes) 4:00-6:00pm	Lane Swim (4 lanes) 4:00-6:00pm	Lane Swim (4 lanes) 4:00-6:00pm	Lane Swim (4 lanes) 4:00-6:30pm	
Private Rental 5:00-6:00pm	Everyone Welcome 6:00-8:00pm	Everyone Welcome 6:00-7:30pm	Everyone Welcome 6:00-8:00pm	Everyone Welcome 6:00-7:30pm	Teen Swim 7:00-9:00pm	Private Rental 5:00-6:00pm
	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Aquafit 7:30-8:30pm	Lane Swim (2 lanes) & Rental 8:00-9:30pm	Aquafit 7:30-8:30pm		
		Lane/Leisure Swim 8:30-9:30pm		Lane/Leisure Swim 8:30-9:30pm		
LEISURE POOL SCHEDULE:						
12:00-5:00pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-6:30pm	7:00am-5:00pm
HOT SPOTS SCHEDULE: (showers, hot tub, sauna and steam room)						
12:00-5:00pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-9:30pm	6:00-9:00am 10:00am-6:30pm	7:00am-5:00pm

Aquatic Training in Progress

During the spring break swim sessions, the pool will be shared with Lifeguard Training Courses. You can expect to hear whistles blown and see participants training on the pool deck. Specific lanes will be reserved for these training classes.

Bronze Medallion Course: March 18; 9:00am to 5:30pm, March 19; 9:00am to 5:30pm, March 20; 9:00am-1:00pm,

Bronze Cross Course: March 20; 2:00-6:00pm, March 21; 9:00am-5:30pm, March 22; 9:00am-5:30pm

Swim Descriptions:

- Aquafit:** A water exercise class led by an aquatic instructor. The pool is reserved for aquafit participants.
- Lane Swims:** Continuous lane swimming is available for slow, moderate and fast swimming.
- Everyone Welcome:** All of the pools are available at this time. The diving board, rope swing and pool toys will be open throughout the session.
- Leisure Swim:** Designed for water walking, stationary exercises and deep-water jogging in the pool. Continuous lap swimming is not available. Access to the hot spots and leisure pool is available. During leisure swim and rental, main pool is shared with rental group. Ask reception for details.

- Family Swim:** A special time for families to enjoy the pool together. Adults must be accompanied by a child or youth and children and youth must be accompanied by an adult. The hot spots and leisure pool are limited to use by families only.
- Teen Swim 13-18yrs:** Fridays are teen time in the pool. Inflatables, basketball and diving boards will be open. The hot spots and leisure pool are limited to use by teens only. \$2 admission.
- Pools Closed for Rentals:** The pool is closed to the public during private rentals. No access to the pools, hot spots or change rooms during these times. To rent the pool, call 250-752-5014 or book online rdn.bc.ca/recreation.

Please note:

Children seven years of age and under, or less than four feet tall, must be within arms reach of a parent or guardian (16 years of age or older). A maximum ratio of three children seven years of age or under, or under four feet tall, per adult is required.

Patrons 15 years of age and under must be accompanied by a parent or guardian (16 years of age or older) in the hot tub, sauna or steam room. A recommended maximum time for children in these hot spot areas is five minutes.

10x Admission Pass Card and 3, 6, 12 Month Active Cards are available for drop-in swim and skate admissions.

Admissions (includes 5% GST)							
	Tot 0-3 yrs	Child 4-12 yrs	Student 13-18 yrs	Adult 19-59 yrs	Senior 60-79 yrs	Golden 80+ yrs	Family
Drop-in	Free	\$3.35	\$4.47	\$6.39	\$5	Free	\$12.98 or \$17.39/w skate rental
10X Active Pass		\$30.15	\$40.26	\$57.55	\$44.98		\$116.80
Skate Rental	Free	\$1.61	\$1.61	\$3.18	\$3.18	Free	
3 Month Active Living Card		\$87.09	\$116.30	\$166.26	\$129.95		\$337.43
6 Month Active Living Card		\$156.75	\$209.34	\$299.26	\$233.91		\$607.37
12 Month Active Living Card		\$235.14	\$314.01	\$448.90	\$350.87		\$911.06
Other Services							
Skate Sharpening							\$6.27
10x Skate Sharpening							\$56.45
Locker Rental							0.25/0.50

• A \$6.15 replacement fee will be charged for any lost or stolen Active Pass cards.

Locker Rentals:

Ravensong Aquatic Centre: Cost is \$0.25-\$0.50.

Oceanside Place Arena: Locker keys can be signed out at reception. No deposit required.

RDN is not responsible for lost or stolen items.