

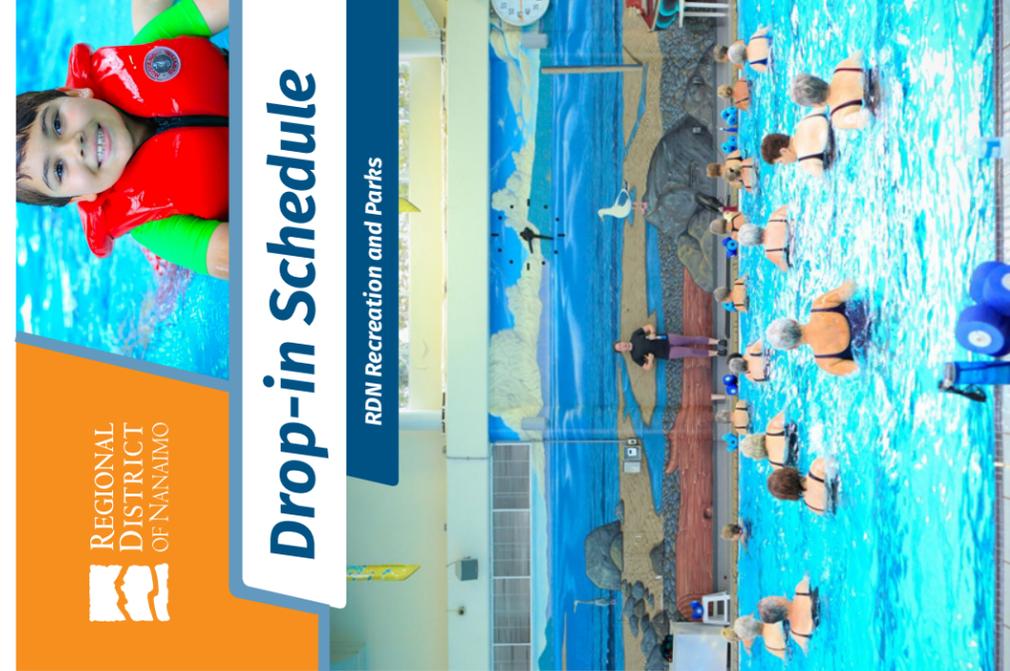
For shared lane swim details see calendar in facility lobby. Schedule subject to change without notice.

MAIN POOL SCHEDULE						
Sunday	Monday	Tuesday	Wednesday	Thursday Jan 2	Friday *	Saturday
	Early Bird 6:00-9:00am	Early Bird 6:00-9:30am <i>Shared</i>	Early Bird 6:00-9:00am	Early Bird 6:00-9:30am <i>Shared</i>	Early Bird 6:00-9:00am	Early Bird 7:00-10:00am <i>Shared</i>
	Aquafit 9:00-10:00am	Aquafit 9:30-10:30am	Aquafit 9:00-10:00am	Aquafit & Widths 9:30-10:30am	Aquafit 9:00-10:00am	
Family Swim 10:00am-12:00pm	Morning Moves 10:00-11:00am	Gentle Aquafit 10:30-11:15am	Morning Moves 10:00-11:00am	Gentle Aquafit 10:30-11:15am	Morning Moves 10:00-11:00am	Everyone Welcome 10:00am-12:00pm
	Noon Lanes 11:00am-1:30pm	Noon Lanes 11:30am-1:30pm	Noon Lanes 11:30am-1:30pm	Noon Lanes 11:30am-1:30pm	Noon Lanes 11:00am-1:30pm	
Noon Lanes 12:00-1:30pm	Adult Only 12:00-1:30pm	Adult Only 12:00-1:30pm	Adult Only 12:00-1:30pm	Adult Only 12:00-1:30pm	Adult Only 12:00-1:30pm	Noon Lanes 12:00-1:30pm
Everyone Welcome 1:30-5:00pm	Everyone Welcome 1:30-4:00pm	Everyone Welcome 1:30-4:00pm	Everyone Welcome 1:30-4:00pm	Everyone Welcome 1:30-4:00pm	Everyone Welcome 1:30-4:00pm	Everyone Welcome 1:30-5:00pm
Pools Closed for Rental 5:00-6:00pm	Lane Swim 4:00-6:30pm <i>Shared</i>	Lane Swim 4:00-7:30pm <i>Shared</i>	Lane Swim 4:00-6:30pm <i>Shared</i>	Lane Swim 4:00-7:30pm <i>Shared</i>	Lane Swim 4:00-6:30pm <i>Shared</i>	Pools Closed for Rental 5:00-6:00pm
Everyone Welcome 6:00-8:00pm	Everyone Welcome 6:30-8:00pm	Aquafit & Lanes 7:30-8:30pm	Everyone Welcome 6:30-8:00pm	Aquafit & Lanes 7:30-8:30pm	Everyone Welcome 6:30-8:00pm	Everyone Welcome 6:00-8:00pm
Adult Swim 8:00-9:00pm	Lane Swim 8:00-9:00pm <i>Shared</i>		Lane Swim 8:00-9:00pm <i>Shared</i>		Adult Swim 8:00-9:00pm	
	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm		

LEISURE POOL: A smaller shallow pool with a warmer temperature for drop-in splashes.						
Family Swim 10:00am-12:00pm	6:00am-9:00pm	6:00am-8:30pm	6:00am-9:00pm	6:00am-8:30pm	6:00am-8:00pm	7:00am-5:00pm 6:00-8:00pm
12:00-5:00pm 6:00-8:00pm						
Adult Swim 8:00-9:00pm	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm		Adult Swim 8:00-9:00pm

HOT SPOTS: Whirl Pool, Sauna and Steam Room						
Family Swim 10:00am-12:00pm	6:00am-9:00pm	6:00am-8:30pm	6:00am-9:00pm	6:00am-8:30pm	6:00am-8:00pm	7:00am-5:00pm 6:00-8:00pm
12:00-5:00pm 6:00-8:00pm						
Adult Swim 8:00-9:00pm	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm	Adult Swim 9:00-10:00pm	Adult Swim 8:30-9:30pm		Adult Swim 8:00-9:00pm

Revised Feb 12, 2020



Special Events

Splash Everyone Welcome Swim

Ravensong Aquatic Centre
 Sa Mar 14 10:00am-12:00pm
 Sa Mar 21 10:00am-12:00pm
 Sa Mar 28 10:00am-12:00pm
 Regular rate admission

Water to Earth Month Everyone Welcome Swim

Ravensong Aquatic Centre
 Tu Mar 24 1:30-4:00pm
 Regular admission

Disco Light Skate for all ages

Oceanside Place Arena
 Sa Mar 14 7:30-9:00pm
 Regular admission

Spring Break PLAY Passport

Spring into Spring Break with a variety of free activities. Participants are encouraged to complete 10 or more activities over spring break. Once completed participants can return the passport to either Ravensong Aquatic Centre or Oceanside Place Arena to receive a small prize and be entered in the main draw.

Passports will be coming home with students before March 13. Passports will also be available online rdn.bc.ca/recreation or pick up at Ravensong Aquatic Centre or Oceanside Place Arena.



Public Swim Descriptions:

- Adult Swim:** Six lanes, the leisure pool and hot spots are available during this adult only time.
- Aquafit:** Drop in aquafit classes are offered in the main pool. Space is limited. Widths are available for swimming Tue & Thu 10:30-11:30am and Mo/We/Fr 10:00-11:00am. Two lanes available Tue & Thu 7:30-8:30pm
- Lane Swims:** Lane swimming is available for moderate, fast and leisure swimming. The pool is often shared with user groups. Monday to Friday, 12:00-1:30pm is a designated adult only lane swim time.
- Early Bird Swims:** Lanes, leisure pool and hot spots are available. Please note the pool is shared January 2 and 3.
- Everyone Welcome:** All of the pools are available at this time. The diving board, rope swing and pool toys will be opened throughout the swim.
- Family Swim:** Sunday mornings are for families. Adults must be accompanied by a child or youth and children and youth must be accompanied by an adult.
- Pools Closed for Rentals:** The pool is closed for user group and private rentals. No access to the pools, hot spots or change rooms during these times. To rent the pool call 250-752-5014.

Please note:

Children 7 years of age and under, or under 4 feet tall, must be within arms reach of a parent or guardian (16 years of age or older), while in the water. A maximum ratio of three children 7 years of age or under, or under 4 feet tall, per adult is required.

Patrons 15 years of age and under must be accompanied by a parent or guardian (16 years of age or older) in the whirlpool, sauna or steam room. A recommended maximum time for children in these hot spot areas is 5 minutes.

Aquafit Descriptions: Before starting a fitness program, please review the Get Active Questionnaire at Reception.

- Aquafit:** Drop-in water exercise class led by an aquatic instructor held in the shallow water.
- Deep Aquafit:** Drop-in water exercise class held in the deep water. A strong core and swimming ability recommended. This class may be combined with the shallow water class.
- Morning Moves:** Drop-in water exercise class held in the shallow water. A great class for beginners.
- Gentle Aquafit:** Low impact gentle aquafit class for people with limited mobility.

March 14-29, 2020

Ravensong Aquatic Centre
 737 Jones Street, Qualicum Beach
 250 752-5014

Oceanside Place Arena
 830 West Island Hwy, Parksville
 250 248-3252

Schedule subject to change without notice. Check rdn.bc.ca/recreation schedule changes.

ARENA SCHEDULE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 15	March 16	March 17	March 18	March 19	March 20	March 21
Everyone Welcome 12:15-1:45pm	Minor Hockey Tournament	70yrs+ Drop-In Hockey 10:15-11:45am	55yrs+ Drop-In Hockey 7:45-9:15am 9:00-10:30am	70yrs+ Drop-In Hockey 10:15-11:45am	55yrs+ Drop-In Hockey 7:45-9:15am 9:00-10:30am	Minor Hockey Tournament
		Leisure Skate 11:45am-1:15pm	55yrs+ Skate 9:30-11:00am	Leisure Skate 11:45am-1:15pm	55yrs+ Skate 9:30-11:00am	
		19yrs+ Drop-in Stick & Puck 12:00-1:30pm	19yrs+ Drop-in Hockey 12:00-1:30pm	19yrs+ Drop-in Stick & Puck 12:00-1:30pm	19yrs+ Drop-in Hockey 12:00-1:30pm	
		Parkville Lions Free Spring Break Skate 1:30-3:00pm	Everyone Welcome 3:30-5:0pm	Everyone Welcome 1:30-3:00pm		
March 22	March 23	March 24	March 25	March 26	March 27	March 28
	55yrs+ Drop-In Hockey 7:45-9:15am 9:00-10:30am	70yrs+ Drop-In Hockey 10:15-11:45am	55yrs+ Drop-In Hockey 7:45-9:15am 9:00-10:30am	70yrs+ Drop-In Hockey 10:15-11:45am	Grumpy Old Men Hockey Tournament	Grumpy Old Men Hockey Tournament
	55yrs+ Skate 9:30-11:00am	Leisure Skate 11:45am-1:15pm	55yrs+ Skate 9:30-11:00am	Leisure Skate 11:45am-1:15pm		
	19yrs+ Drop-in Hockey 12:00-1:30pm	19yrs+ Drop-in Stick & Puck 12:00-1:30pm	19yrs+ Drop-in Hockey 12:00-1:30pm	19yrs+ Drop-in Stick & Puck 12:00-1:30pm		
Everyone Welcome 12:15-1:45pm	Everyone Welcome 3:30-5:00pm		Everyone Welcome 1:30-3:00pm			

POND SCHEDULE: A smaller rink for skaters of all ages.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 15	March 16	March 17	March 18	March 19	March 20	March 21
9:00am-3:30pm	9:00am-5:00pm	9:00am-5:00pm	9:00am-7:00pm	9:00am-7:00pm	9:00am-7:00pm	9:00am-12:45pm 2:00-3:30pm
			Free Sledge Hockey Try It Session 3:30-5:00pm			
March 22	Pond Ice removed March 23 and will re-open for ice skating in October 2020					
9:00am-3:30pm						

Public Skate Descriptions:

- Drop-in Hockey 19yrs+, 55yrs+, 70yrs+:** Full gear is mandatory. Maximum 26 players, 2 goalies. Goalies play for free.
- Drop-in Stick and Puck 19yrs+:** This is a practice session with no games or shots taken. Helmets and gloves are mandatory.
- Leisure Skate:** A casual skate session for all ages.
- Everyone Welcome Skate:** A session for everyone. If attendance permits, one end of the ice will be set up for pond hockey. No pond hockey on Winter Wonderland on Ice.
- Free Family Skate Courtesy of Parkville Lions and Save-on Foods:** Children must bring an adult 19 years or older.
- 55yrs+ Skate:** A leisure skate for the 55yrs + skater.

Drop-in Fitness Schedule

10x drop-in passes are available at Ravensong Aquatic Centre and Oceanside Place Arena. For dryland fitness class descriptions and locations please view online rdn.bc.ca/recreation

	Monday	Tuesday	Wednesday	Thursday	Friday
Moderate to high intensity \$10 Drop-in		March 24 20 20 20 11:00am-12:00pm QB Civic Ctr		March 19 & 26 20 20 20 11:00am-12:00pm QB Civic Ctr	
Ravensong Aquatic Centre					
Aquafit \$6.39 Drop-in	Aquafit 9:00-10:00am Deep Aquafit 9:00-9:45am	Aquafit 9:30-10:30am	Aquafit 9:00-10:00am Deep Aquafit 9:00-9:45am	Aquafit 9:30-10:30am	Aquafit 9:00-10:00am Deep Aquafit 9:00-9:45am
	Morning Moves 10:00-11:00am	Gentle Aquafit 10:30-11:15am	Morning Moves 10:00-11:00am	Gentle Aquafit 10:30-11:15am	Morning Moves 10:00-11:00am
		Evening Aquafit 7:30-8:30pm		Evening Aquafit 7:30-8:30pm	

Drop-in Pickleball Schedule

10x drop-in passes are available at Ravensong Aquatic Centre and Oceanside Place Arena.

	Monday	Tuesday	Wednesday	Thursday	Friday
Parkville Community Centre					
\$5 Drop-in		March 17 & 24 9:00-11:30am	March 18 & 25 9:00-11:30am	March 19 & 26 9:00-11:30am	
Qualicum Beach Civic Centre					
\$5 Drop-in	March 16 & 23 9:00-11:30am		March 18 & 25 9:00-11:30am		March 20 & 27 9:00-11:30am

Admissions

Buy a 10x, 3, 6 or 12 month pass and save on public swimming, skating, pickleball and children's drop-in gym.

Please note: Active Living Card fees take into consideration arena season and pool shutdowns.

A \$6.15 replacement fee will be charged for any lost or stolen Active Living Cards. Special rules in effect for extension requests.

Admissions (includes 5% GST)								Other Services	
	Tot 0-3 yrs	Child 4-12 yrs	Student 13-18 yrs	Adult 19-59 yrs	Senior 60-79 yrs	Golden 80+ yrs	Family		
Drop-in	Free	\$3.35	\$4.47	\$6.39	\$5.00	Free	\$12.98 or \$17.39/w skate rental	Skate Sharpening	\$6.27
10x Active Pass		\$30.15	\$40.26	\$57.55	\$44.98			10x Skate Sharpening	\$56.45
10x Active Pass with skate rentals		\$44.60	\$54.72	\$86.18	\$73.62			Locker Rental	0.25/0.50
Active Living Card									
3 Month		\$87.09	\$116.30	\$166.26	\$129.95		\$337.43		
6 Month		\$156.75	\$209.34	\$299.26	\$233.91		\$607.37		
12 Month		\$235.14	\$314.01	\$448.90	\$350.87	Free	\$911.06		