# Oceanside Health and Wellness Network

# Circle of Partners Minutes, November 19, 2020 2:30-4:30 pm on Zoom

~	Mariys	Diamond	(Perfect Storm	Group, FORA, SPT)
---	--------	---------	----------------	-------------------

- ✓ Gerry Herkel (FORA, CWG)
- ✓ Susanna Newton (SOS, OTFH, SPT)
- ✓ Jane Osborne (CRN)
- ✓ Joanna Salken, Island Health
- ✓ Elaine Young (Parksville Rotary)

# X Analisa Blake (Island Health) \*

- ✓ Courtney Simpson, (RDN)\*
- X Natasha Dumont, Island Health\*
- ✓ Jane Vinet (OHWN Coordinator)
- √ Myra Rogers (Administrative Assistant)

# **Welcome and Introductions**

- Jane O chaired the meeting, welcomed new CoP members and did a round robin of introductions.
- Jane V shared with the CoP that Wendy Carmichael would not be able to join the CoP at this present time.

#### **Review of Minutes**

The Minutes for October were approved with no changes.

#### **Review of Actions from October Meeting**

• Some items were deferred until a later date.

# Review and approval of Agenda

Approved with no additional items.

#### **Social Needs Assessment**

Courtney introduced us to Jen Casorso who will be coordinating the Social Needs Assessment. Jen shared a PowerPoint presentation with the group. The aim of this project is to understand the social needs in the region, identify where there are gaps and understand the role of local government in addressing these gaps.

The key areas for the project are: Housing/Homelessness Families, Children and Youth Access to Services Social Supports Safe Affordable Transportation Addressing Stigma

CoP involvement – Jen shared that there will be opportunities for connection and practical engagement techniques. The group will discuss and decide how we want to be involved with/support engagement activities for this project.

#### **Action Groups/Standing Report:**

**CRN** – Jane O shared that the LGBTQ initiative long term care training project is now finished.

**Child Wellness Group** (CWG) – This group held two online forums around the First 2000 Days project, on October 29<sup>th</sup> and November 5<sup>th</sup>. They were very productive and packed sessions. There is no final report yet, hope to have it for our next meeting.

**Seniors Planning Table** (SPT) – The information sheet has now been finalized and is ready to print. The group will be doing a recruitment document for volunteers and looking for volunteers to take the information sheet out into the community. Sandwich boards have been ordered. Not sure right now about the timing of taking this project out into the community; the group is aware that the need is urgent but the risk with COVID is high. CRN funding will be paying for these materials.

**Perfect Storm (PSG)** – The Perfect Storm group is encouraged that their vision is similar to that of the Primary Health Network, who have opened a Nurse Practitioner clinic in Qualicum Beach. They hope to complement whatever is done by the PHN.

#### **Coordinator Updates:**

Report was sent out to CoP members prior to this meeting. There are no requests over \$200. Jane reported that the Nanaimo Health Network is consulting with VIU to make working with Community Health Networks a part of the curriculum for their health students.

# **Reforming the Mental Health Action Table:**

At our last meeting all CoP members voiced that it was important to reform our Mental Health Action table. Wendy was going to restart it, but unfortunately has had to step off the CoP, so we are looking for someone else to step up and do this. It was felt we should look at the history of the group and what had been achieved before it was suspended.

Joanna offered to reach out to VI Mental Health to participate. CoP members thought that we should ask the previous participants of the MH action table if they were interested in resuming.

#### Formation of CoP Recruitment Working Group/Governance Material Updates:

Jane V expressed that the current CoP meetings are too short to dedicate time to making a recruitment plan. She needs the support of members of this group, in particular she would appreciate a list of members' connections & recommendations.

Jane asked for 2 things: 1. Were any CoP members willing to be part of a separate group focusing on recruitment? 2. For the group to update the information and documents regarding recruitment, which were last updated in 2018. It was agreed that Jane will make necessary changes and circulate these documents around the CoP members for their feedback.

Jane also wants to introduce a new strategy – to invite anyone interested in joining CoP to join us for a meeting and see what we are about before they decide whether or not to apply.

#### **Action Item:**

- Jane will make changes to the recruitment documents and circulate them to CoP members for feedback.
- Gerry has agreed to be a part of the working group.

# **COVID Community Conversation:**

Jane V asked if everyone had had a changes to look at the report re the recent Community Conversation we held last month. It was compact but complete.

How do we plan to use this report?

Jane asked the CoP members to look through the recommendations and opportunities section. We should make a list of the groups that we would like to send the report out to. The purpose of this report is to be a conversation starter. We could also put it out to front line workers.

# **Community Mental Health Summit:**

Jane was approved to attend the summit on November 25 & 26 online. The CoP approved a donation of \$100 for this event.

# **Next meeting:**

The next meeting will be on Thursday December 17<sup>th</sup> and Gerry will chair the meeting.

The last part of the meeting will be partly social with breakout rooms. Gerry will bring reports from the First 2000 Days forums.

Marlys to invite Scott Harrison from Qualicum Beach Council to a CoP meeting and find out if he is interested in joining this table.

# Agenda items will include:

• Child Wellness Group Forum