Oceanside Health and Wellness Network

Circle of Partners Minutes,

March 19th, 2020 2:30-5:00 pm via Zoom Video Conference Call

- ✓ Sue Abermann (Community representative)
- ✓ Caron Byrne (Community representative, LAT)
- ✓ Marlys Diamond (Perfect Storm Group, FORA)
- ✓ Gerry Herkel (FORA)
- X Susanna Newton (SOS, OTFH)
- ✓ Jane Osborne (Community Response Network)

X Esther Pace (Island Health)*

✓ Courtney Simpson (RDN)*

X Kristen Grovum, (Island Health)*

- ✓ Jane Vinet (OHWN Coordinator)
- ✓ Myra Rogers (Administrative Assistant)

Due to the COVID-19 situation this meeting was held by Zoom Video Conference Call.

Welcome & Introductions

Sue Abermann facilitated this meeting and introduced the new OHWN Coordinator, Jane Vinet, to the Circle of Partners.

Jane Vinet gave a brief summary of her background and experience and thanked the CoP for the opportunity to work with OHWN.

Review of Minutes

The Minutes from the February meeting were approved with one amendment; 'Local Resources' (page 4) should read 'Sources'.

Review of Action Items from February meeting:

- Sue to contact PQ Community Foundation re the possibility of a partnership Pending
- Courtney to explore the process of funding the Facilitator through the RDN and will get back to the group with what she finds out *Done*
- Child Wellness group will discuss whether they can put the rest of the pieces together for this event. To discuss at their meeting next Tuesday *Done*
- Caron to talk to Judi regarding the Child Health Organization Done
- Analisa to send information re Vancouver Island Child Health Foundation to Myra Pending – Myra to remind her
- Sue to invite Analisa to the CoP meeting on March 19th *Invited but Analisa has been reassigned due to COVID-19*
- CoP members to discuss CHN Evaluation and let Analisa know when we want her to come for the evaluation process *Defer*
- Sue to talk to Analisa re meeting on 19th March and bring her up to date on CoP issues –
 Done
- Myra to look up the 2-year terms for the current CoP members Done
- Myra to email CoP members and let them know that we really need them all to attend the CoP meeting on 19th March. Include Deanna and Judi - Done
- Sue to talk to Kristen and find out if she is able to commit to CoP Sue left a message; no response to date.

Review and Approval of Agenda

The Agenda was approved with one additional item. An item on COVID-19 Update in the Oceanside area was added.

Action groups/Standing Report:

- **Child Wellness Action Group** Gerry informed the CoP that the Child Wellness group had a meeting on March 5th to start planning for the Collaborative Meeting focused on the First 2000 Days project. The plan is to have a 5-6 hour long meeting; it was hoped to be held in the last week of April or the first week in May, though with the COVID-19 situation this will likely have to be deferred to a later date.
- Two possible facilitators were suggested, and members of the Child Wellness group were going to contact them and bring their response back to the table.
- Gerry suggested the possibility of holding the meeting at the Fire Hall building in Qualicum Beach but they only allow emergency groups to use the facility. The meeting may be held at the Qualicum Commons. The number of people invited is likely to be closer to 40 than the originally suggested 75.
- Members of the Child Wellness group will organize the refreshments.
- Courtney managed to organize the funding for a facilitator and confirmed that a delay in the timeline will not impact this funding. This will come out of the OHWN budget.
- The Child Wellness group do not require any assistance from the CoP, they will be organizing the entire event themselves.

Action:

- Myra to send Jane V. the proposal presented to CoP by Judi Malcolm.
- **Seniors Planning Table** The Seniors Planning Table did not meet this week due to COVID-19, so there was no update.
- **CRN Update** Jane O. shared that the Village Workshop held in January was really terrific.
- The Seniors Planning Table is going to be making an application for a CRN grant of \$1,000 through the CoP, but Jane O has not yet received their proposal.
- COVID-19 the CRN is trying to gather information regarding this experience of self-isolation . Jane O. will pass this information on to Jane V. as she receives it.
- There are grants of up to \$3,000 available for us to apply for this year (including the \$1,000 that the Seniors are applying for). Jane O encouraged the CoP members to be considering what we want to use this money for. Could we use it in this time of COVID-19 to help in any way?

COVID-19 Update in Oceanside Area:

There was a round table update regarding the impact of COVID-19 in the area.

- -Jane O. shared that many services in Nanaimo have gone to phone support. People are struggling with many different aspects. It is quite a dynamic situation in Nanaimo. Jane O. to send information to Jane V. to review and circulate or publish on the website.
- -Courtney shared that the RDN is closed to the public but open for business. The transit is moving, but not taking fares. People enter through the back doors of the bus, less/no contact with the driver. The situation is changing every day. United Way is publishing the changes in Nanaimo, but so far, not in Oceanside. Jane O. has asked if they will be expanding to the Oceanside area.
- -Jane V. shared that going forward she will be advocating for the Nanaimo and Oceanside Health Networks to share information. Currently the Nanaimo network is not operating, so her focus is entirely on OHWN at present.
- -Caron shared that the LAT meeting was cancelled this week due to the virus.

- -Marlys shared that the Perfect Storm has submitted a Request for Proposal for Feasibility Study, and they wanted it to be vetted before sending it out, but COVID-19 has slowed this process down. Perfect Storm are looking for someone with an accounting background to join them on a voluntary basis. The councils are still meeting, though not open to the public.
- -Myra shared that Forward House is closed to clients from today.
- -Gerry informed the meeting that most meetings are being cancelled. Some organizations are closing for 3 months.
- -Sue shared that the situation with long-term care is changing every day. The directives from the provincial government keep changing. Staff are only allowed to work in one facility and this is resulting in many facilities being understaffed. Very challenging time for them.
- -SOS have circulated an update regarding their services. Check out the SOS website.
- -CoP April meeting we will see what the situation is in April, and decide whether we will meet in person or by Zoom again.
- -Spring Newsletter this could include information regarding how COVID-19 has impacted organizations.
- -Social Media Should we be using Facebook and Twitter and other social media more than we have been? This is a good opportunity to show some leadership. Sharing information is critical and appropriate for us to do. Courtney indicated that we have not approved using Facebook or Twitter we need to have a Communications Plan. It was suggested that we check what the other Health Networks do to inform the public. We are aware that we need to do a better job of mentoring new CoP members.

Oceanside Health and Wellness Fair:

This was scheduled for March 21st but has been postponed due to COVID-19.

Is this the sort of event that we want to be supportive of/be a part of? Should we be involved if they reschedule the event? Do we see a natural alliance with them that we want to pursue? Sue to talk to Lisa and find out the event status.

Action:

• Sue will contact Lisa re Health and Wellness Fair

Recruitment of CoP members:

- We have a number of vacant seats at this table, especially following the recent resignations. Some of the current CoP members' 2 year term is finishing and they need to reapply.
- How are we going to recruit new CoP members? It's important to target the right people. What skills do we need? We need to have a really clear idea of why we are here, and it would be really helpful for new CoP members to have some orientation. We are able to have 12 people + the RDN representative and 2 Island Health Representatives at the table.
- Jane V. made the observation that there are several people not represented at CoP: We have no First Nations representatives, no Community input, no youth, no school district members, no business members, no media. We need to add some of these people to the network in order to be well-rounded.
- It is time for new ideas and a new approach. We want people who are passionate and want to be at our meetings. We want to revitalize the network.
- How is it best to bring the First Nations on board? We may need to go out to them, not expect them to come to us. Should we reach out to the network and get them to identify what our local issues are? We have never done that.
- Should we be thinking more broadly about community wellness? Include environmental issues? Different approaches?
- We are at a crossroads with this group. What do we need to do going forward? Where do we go from here? Jane V. shared that she is a Volunteer Host on Shaw TV; when things are up and running again she would like a couple of the CoP members to go on the show and promote OHWN.

It was decided that Jane V. will develop a vision/recruitment plan over the next month, a model for both networks.

Four CoP members are up for renewal; Caron will not be reapplying. She will join our April meeting then step off the CoP.

Marlys, Sue and Susanna need to reapply.

Jane V. wants to have 1:1 conversations with all CoP members.

Actions:

- Jane V. to bring a workplan to CoP for her work and the work for OHWN, her priorities over the next year, to the April meeting. Her priorities over the next year.
- Jane V. to touch base with all CoP members.
- Recruitment and communications plan to be discussed at the April meeting.

Next meeting:

April 16th. Stanford Place or by Zoom – TBA

Agenda items:

Jane V's workplan Recruitment Communications Plan

Analisa?

Update on the CW First 2000 Days collaborative meeting
Complete a project grant for CRN – Deanna to be invited to the April meeting for this
Other grant application ideas for CRN grants