

Oceanside Health and Wellness Network

Circle of Partners Minutes,
February 18th, 2021 2:30-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA, SPT)	✓ Sharon Welch (Forward House)
✓ Gerry Herkel (FORA, CWG)	✓ Natasha Dumont, Island Health*
✓ Susanna Newton (SOS, OTFH, SPT)	✓ Jane Vinet (OHWN Coordinator)
✓ Jane Osborne (CRN)	X Myra Rogers (Administrative Assistant)
X Joanna Salken, Island Health	
X Elaine Young (SD 69)	
✓ Scott Harrison (QB Council)	

Welcome and Introductions

- Marlys chaired the meeting and did a round of introductions. Marlys introduced guests Jen Casorso and Daylin Mantyka, Urban Matters.

Social Needs Assessment Project Update

Jen Casorso brought an update regarding the RDN Social Needs Assessment project.

She asked if we would agree to be a conduit to other community partners in Oceanside.

Jen emphasised that a great deal of work has already been done in the RDN, and the goal of this project is to strengthen that work, identify any gaps, and gather voices from any areas that have not already been heard and included.

The focus areas for this project include:

- Programs for Families, Youth and Children
- Social Supports and Services
- Housing and homelessness
- Access to Healthy and Affordable food
- Safe affordable transportation
- Discrimination and Stigma

During the ensuing discussion a number of links and contacts were identified by the group. Jen shared that the timeline for completion of Engagement Phase of the project is mid-April.

Review and approval of Agenda

- The Agenda was approved with the addition of an item regarding a letter from the Community Health Networks to MLAs.

Review of Minutes

- The Minutes for January required a correction to comments regarding the Point In Time Count which was attributed to Scott Harrison and should have been Susanna Newton. Minutes with correction are accepted

Review of Open Action Items from January Meeting

- Jane to connect with Governance group, send out documents and arrange time to meet - *Closed*
- Jane to purchase a parting gift for Courtney Simpson on behalf of OHWN CoP - *Closed*

Other Open Action Items

- The list of open items from previous months was updated.

Action Groups/Standing Report:

The Oceanside Seniors Action Group and Child Wellness Group minutes were circulated before this meeting.

CRN – Jane O shared that the Advanced Care Planning tool kits will be available next week. Cowichan Valley have created a card asking ‘How are you aging?’ which may be of interest to the OSAG.

Child Wellness Group – Gerry informed the CoP that the group last met on January 26th. The Child Wellness group and the LAT are proceeding with their amalgamation and will be called the ‘Child & Youth Wellness Group’. New date and meeting time to be confirmed. The Early Years Forum follow-up meeting took place today. It was an excellent meeting with around 24 people in attendance.

Seniors Planning Table – Susanna sent out notes from the last Seniors meeting. They are moving ahead with the distribution of information. Their next meeting is early in March. The money from the CRN has been spent. Reports to be submitted by Jane V.

Perfect Storm (PSG) – Marlys informed the group that as the Qualicum Beach Nurse Practitioners have formed a charitable foundation the Perfect Storm group may collapse their charitable foundation rather than having two similar foundations in a small community.

Island Health – Natasha shared that plans are being put together for COVID immunizations. She recommended that anyone wanting up-to-date information visit the website: <https://www.islandhealth.ca/learn-about-health/covid-19/covid-19-vaccine>

Coordinator Updates:

Report was sent out to CoP members prior to this meeting.

There were no requests for over \$200 and no questions regarding the report.

First 2000 Days Report, Feedback & Discussion:

The report from the Forum was circulated last month. There was nothing further to add to the report and no feedback or discussion.

Mental Health Action Table Discussion:

At the last meeting it was suggested that this group might be reinstated. The group was previously made up mostly of service providers and a couple of community members. In retrospect the group did not have a clear mandate.

There was discussion around why we would reinstate this group and what we would want to achieve by doing so.

CoP members have recognised that the 3 pillars of the First 2000 Days project actually apply from the cradle to the grave and both the Child & Youth and Seniors action groups can use these as a focus. Do we need a third action group that only focuses on mental health?

It was felt that we need to start looking ahead; we know people are suffering at present with mental health issues due to COVID. How can we intervene now, rather than waiting until this is all over? Could we reach out to people attending vaccination clinics? How can we also plan for when this time has passed?

We would not want a new Mental Health action group to go back to what the group were doing before. It was suggested that a working group could be formed to look at having an Oceanside convening on COVID recovery in Oceanside.

Recommendation:

We will have a Convening in April/May on the topic of COVID Recovery.

Letter from Community Health Networks to MLAs:

Jane V brought a letter that has been written from the Vancouver Island Health Networks to the Vancouver Island MLAs, regarding the suspension of transportation with Wilson's Bus Services. Jane and the other Coordinators are signing the letter on behalf of the networks. The letter is requesting a meeting with the MLAs to share knowledge and perspective on transportation on Vancouver Island. Jane requested permission from the CoP to sign the letter on behalf of OHWN.

Decision:

CoP members approved.

Next meeting:

The next meeting will be on Thursday March 18th. Susanna will chair the meeting.

Agenda items will include:

- Island Health report (as a standing item)
- Speakers to be invited to the monthly CoP meeting – CoP members want to have 1 speaker sharing for 15 minutes and not extend the length of the meeting

Other items:

There was a request that there should not be too many hours of meetings in one day; today had two OHWN meetings totalling 5 hours.

Forward House have a new Recovery Group on Tuesday evenings at the Bayside, targeting frontline workers, business people, etc. Sharon will send out information and Jane V will include it in the next OHWN e-bulletin.