

# Oceanside Health and Wellness Network

Circle of Partners Minutes,  
September 16, 2021, 3:00-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA, SPT)	✓ Elaine Young (SD 69)
✓ Gerry Herkel (FORA, CWG)	✓ Scott Harrison (QB Council)
✓ Susanna Newton (SOS, OTFH, SPT)	X Sharon Welch (Forward House)
X Jane Osborne (CRN)	✓ Natasha Dumont, Island Health*
X Joanna Salken, Island Health	✓ Jane Vinet (OHWN Coordinator)

## Welcome and Check-In and Territorial Acknowledgement

Gerry chaired the meeting and gave a shortened territorial acknowledgement.

“We acknowledge that we work, live and play on the traditional lands of the Coast Salish peoples as well as that of the Snaw-naw-As and Qualicum our local First Nations:

## Check-in

### Review and approval of Agenda:

- Jane added Truth & Reconciliation September 30<sup>th</sup> – Oceanside activities
- Agenda was approved.

### Review of Minutes

- July Minutes were accepted as presented.

### Review of Open Action Items from July Meeting

- Jane V to meet with Dyan Dunsmoor to discuss the Long-Range Planning – Closed.

### Action Groups/Standing Reports – Highlights & Questions

- Coordinator Report – concern that time spent writing reports is taking up too many hours of the coordinator’s time.
- Action Item: make Coordinator Report a pdf.
- Action Item: Elaine wants to review and revise the work plan to streamline process with Jane
- CYWAG is presenting a revised ToR and action plans at the September meeting.
- OSAG meeting notes were sent on September 16<sup>th</sup>.

### Contract Extension, OHWN Funding and Approval of Revised Budget

- The coordinator contract has been extended from September 6<sup>th</sup> to December 31, 2021.  
OHWN Funding
- Contract Renewal is underway. Jane sent a copy of the report to the CoP to review and provide feedback.
- Jane presented the revised budget to the end of December. Budget increased from \$36,472 to \$46,434.00. Budgeted carry forward to 2022 is \$14,339.72.
- Jane shared expenditures to end of August are \$19,228.48

- The budget was unanimously approved.

#### Fall Forum Planning

- Jane updated the group on outcomes of Planning Working Group and Action Table meetings discussions for forum presentations.
- CoP voted to do hybrid type meetings – people need to have vaccine passports to attend in person meetings. Meetings have to be under 50 people, social distancing and other public health rules have to be followed.
- Event dates TBD depending on facilitators – one presentation by MHO, one by CYWAG, one by OSAG and one Indigenous – topics to be chosen by Planning group. Either one meeting as a hybrid or one in-person and one Zoom on different dates.
- We have \$4,650 remaining in our budget.

#### Long Range Planning Updates

- Contract deliverables were reviewed and revised by working group yesterday, and updated contract was sent to RDN today. No change in costs.
- Request from RDN to incorporate the key priority areas established in the provincial Together BC, British Columbia's Poverty Reduction Strategy ([External link](#)), which are: Programs for families, youth and children; Social supports and services; Access to housing and homelessness; Access to healthy and affordable food; Safe, affordable transportation; and discrimination and stigma. We will need to see the report before we can build in aligning strategies.
- Action Item: Jane to send a Doodle poll to members to decide on weekend vs. weekdays for two half day sessions.
- Action Item: Jane to send an email outlining what information is required by Dyan in advance of meeting – length of time with OHWN and on CoP, organizational and community affiliations.
- Anticipated start date mid-October. We will begin with a membership survey.

#### Truth and Reconciliation Day – September 29<sup>th</sup>

- Port Alberni former residential school is doing an event.
- No awareness of public events in Oceanside. The town of Qualicum has a book people can write comments in
- A large march is being planned in Duncan
- Scott suggested reaching out to Snaw-naw-as and Snuneymuxw to find out if there are any public activities being planned.

#### Round Table Updates:

- Scott attended Union of BC Municipalities (UBCM) conference– Scott met with Ministry of Health and asked about our Primary Care Networks filling in FTEs for the region, advised progress is being made. He is also following the new dementia village in Courtney, is this a model that will work well in this region, with our demographics this is something we should be paying attention to.
- Gerry gave kudos to Oceanside Health Centre for their wound care program.
- Scott is watching the Healthy Communities initiative that the province has started up. Scott is looking at active transportation, physical literacy and how that plays into reducing costs. If

you can quantify having better bike lanes, better trails, when you are looking at the infrastructure investment, you are looking at the reduction of health care expenditures in communities and it is one additional lens when the province is allocating funding.

- Priorities for the network should incorporate SDOH and SDGs (Jane to send articles), as well as ecological determinants of health. Jane asked for CoP members to share information and data with the CoP before we go into Long Range Planning.
- Natasha, lots of community conversation and working with individuals on how to make decisions that work for them. Sensitive for community. PH nursing teams are trying to be available to all those who want to be immunized, while still providing services to underserved populations, overdose prevention, school immunizations, preparing for influenza. Very busy time for public health. People are doing an amazing job. There are additional asks for support. Routine groups supporting families are not as robust as they once were, so shorter meetings, which is harder for families, so lots of secondary impacts from Covid, toxic drug poisoning, overdose crisis that are putting additional stress on communities and families. Trying to reconnect and support future initiatives.
- How can we provide moral support for health care workers at a grass roots level?
- Natasha suggested there are multiple perspectives, supporting different groups is required – would be happy to have more conversations on what this can look like. She suggested having MHOs present at meetings in group settings via Zoom supporting, providing information, education, research, and data information for folks.
- Forward House is starting client centered recovery program for people who are dealing with any form of addiction and there is a fundraising effort taking place at Quality Foods or Save on Foods and donate at the till for all of September, with all proceeds going to the project.
- Positive messages for how healthcare workers in Oceanside – card writing campaign.
- OHWN needs to be talking about affordable housing strategy as part of the Poverty Reduction Strategy.

**Next meeting:**

October 21<sup>st</sup> on Zoom

Lead – Elaine

Note Taker – Scott – Jane to still record as backup

**Suggested Agenda items:**

- OHWN Contract renewal
- Long Range Planning Updates
- Fall Forum Planning
- Support for Health Care Workers