

Oceanside Health and Wellness Network

Circle of Partners Minutes,
July 15, 2021, 3:00-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA, SPT)	✓ Elaine Young (SD 69)
✓ Gerry Herkel (FORA, CWG)	✓ Scott Harrison (QB Council)
✓ Susanna Newton (SOS, OTFH, SPT)	✓ Sharon Welch (Forward House)
✓ Jane Osborne (CRN)	X Natasha Dumont, Island Health*
✓ Joanna Salken, Island Health	✓ Jane Vinet (OHWN Coordinator)

Welcome and Check-In and Territorial Acknowledgement

Elaine chaired the meeting and invited members to check-in and review of our draft territorial acknowledgement:

“We acknowledge that we work, live and play on the traditional unceded lands of the Coast Salish peoples and are grateful to our local First Nations, Snaw-naw-As and Qualicum for their careful stewardship of these precious lands and waters. We respect and acknowledge all Metis, Inuit and other Indigenous residents of Oceanside for their many contributions to the health of our community.”

Check-in

Review and approval of Agenda

Agenda was approved.

Review of Minutes

Minutes were accepted as presented.

Review of Open Action Items from June Meeting

- Jane O to send Social Prescribing Information to CoP – Closed
- Bernie Brochu will represent OSAG on Fall Convening Action Group – Closed
- OSAG would like to have Forward House present in the fall. - Closed

Action Groups/Standing Reports – Highlights & Questions

- No questions.

Value & Guidelines:

Values and Guidelines were modified and accepted by the Circle of Partners as follows:

- **Collaboration** - Building relationships and partnerships with integrity, honesty, transparency and having a willingness for open dialogue and sharing.
- **Belonging** - Creating an inclusive and safe space for all
- **Respect** - Honoring each other’s strengths and celebrating different voices.
- **Courage** - Taking a leadership role when appropriate, staying strong when faced with adversity, speaking up when others cannot and being willing to listen to ideas other than our own.
- **Compassion** Meeting people where they are at and taking action to build equity and resilience

Minutes, CoP, July 15 2021

Decision on Strategic Planning

- CoP have decided to move forward to doing a strategic planning session in September. We need a very strong strategic plan, right down to looking at our action groups having a plan that can be evaluated.
- CoP reached consensus on engaging Dyan Dunsmoor Farley and have approved the proposed amount not to exceed \$7K as per her proposal
- Admin Committee to approve the proposal, Jane V will send that to Jamai Schile who will create a purchase order.
- Action Item: Jane to meet with Dyan and let the CoP know what areas we will cover as the CoP to reduce costs.
 - Membership survey
 - Environmental scan
 - Facilitated strategic planning sessions (3)
 - Report writing

Indigenous Voices & Ways to Be Inclusive – round table discussion based on one of the following questions to get a sense of where we are at individually and collectively:

- How do we embed decolonizing practices into our work with OHWN?
- What do you personally see as the intent of Indigenous reconciliation?
- How do our OHWN values reflect inclusion?

List of recommended reading and resources for undertaking decolonizing practices:

- Bob Joseph [Reconciliation Canada](#)
- [Truth and Reconciliation Commission – Calls to Action Report](#)
- [United Nations Declaration of Rights of Indigenous People](#)
- [Building Bridges through Understanding – The Village](#)
- [In Plain Sight](#)
- [Racial Equity Impact Analysis](#)
- [British Columbia Indigenous Cultural Safety \(ICS\) Training](#)
- [Culturally Committed](#)
- [Blanket Exercise](#)

Potential activities for embedding decolonizing practices in the work of OHWN

- Incorporate Indigenous Ways of Knowing to the best of our ability
- Identify how we can reflect inclusion in our network practices
- Be careful who you are speaking for and try to realize good intentions are not a substitute for the hard work.
- Ask for input from our local First Nations communities to find out what has impact and meaning for the local communities
- Have your organization look at the Racial Equity Impact Analysis
- Learn from Elders
- Become knowledgeable in getting trauma informed and understanding generational trauma
- We must change our way of doing business, so we are not being tokenistic
- Look at embedding equity and committing to healthy public policy
- We need to understand the role colonization has played in the role of the western world and how it has impacted the way our network has been structured and does work in community, so

we can make changes that make our tables a culturally safe space for Indigenous peoples and others.

- Once we have made changes how will we let our Indigenous partners know about those changes and see if they are effective?
- Start by grounding ourselves in the land and where we are, who we are – who are our ancestors and understanding where we come from
- Rather than looking at where are the gaps in community wellness – take an asset based approach – where is the wellness? How are you thriving? What is working well – what does it look like – how would it be different? How do we make it a thriving place?
- Still have structure – need a talking piece – have talking circles so people can contribute
- Look at how the finding of the children’s bodies at local residential schools are affecting our Indigenous communities and how we can support them
- Our strategic planning discussion will allow us to look at this more in depth.
- Two-sum Lelum is willing to do a welcome and opening but doing more of a healing themed approach would be much more appropriate – fall group how do we continue the conversation and create a space for that conversation may be more healing – add this suggestion to the agenda for the Working Group – there is a depth of grieving in all communities right now.
- Create a process document with Elaine and Gerry for the next meeting – keep Indigenous Ways of Knowing and Reconciliation as an ongoing conversation for our network

Next meeting:

There will be no CoP meeting in August.

The next meeting will take place on September 16th – Gerry will be the co-lead

Suggested Agenda items:

- Strategic Planning
- Fall Forum – include action tables in the convening – we have added Sharon and Bernie

Check Out