# Oceanside Health and Wellness Network

# Circle of Partners Minutes, August 20<sup>th</sup>, 2020 3:00-4:30 pm on Zoom

✓ Marlys Diamond (Perfect Storm Group, FORA)	X Analisa Blake (Island Health)*
X Gerry Herkel (FORA)	X Esther Pace (Island Health)*
✓ Susanna Newton (SOS, OTFH)	X Kristen Grovum, (Island Health)*
√ Jane Osborne (Community Response Network)	✓ Courtney Simpson, (RDN)*
	✓ Jane Vinet (OHWN Coordinator)
	✓ Myra Rogers (Administrative Assistant)

#### **Welcome and Introductions**

Marlys chaired the meeting and welcomed everyone.

#### **Review of Minutes**

The Minutes from the July meeting were approved.

## **Review of Actions from July meeting**

Actions were reviewed, see Actions sheet.

### Review and approval of Agenda

It was agreed that a Perfect Storm group report would be added to future agendas as a standing item. Jane V asked that we add an item about potential new members to the agenda. With these changes, the Agenda was approved.

#### **Action Groups/Standing Report:**

Child Wellness Group (CWG) – In Gerry's absence Jane brought a report from the CWG. Plans are coming together for their First 2000 Days forum to bring Oceanside networks together to collaborate. The group have met twice by Zoom with Hans who will be the Facilitator for this forum. The forum will take place over 2 days and will be by invitation only. Dates planned are October 29 and November 5, from 10am – 1pm on each day. Around 40 people will be invited from the Early Learning Coalition, BLT and LAT groups. There will be some guest speakers, each giving a 30-minute presentation on the different pillars of the First 2000 Days. One speaker is already secured. The forum will start with a presentation of the Early Learning baseline tool. The goal of the forum is to identify gaps and work collaboratively to fill those gaps. The CWG are looking for a graphic reporter to contribute to the forum. CoP members are invited to participate in the forum if they wish. The next meeting of the CWG is on August 25<sup>th</sup>.

**Seniors Planning Table** (SPT) – This group had a good discussion at the last meeting. What they most need is an engagement strategy for this table and conversations around Seniors isolation. The SPT asked Jane V to find out from CoP how the Seniors Table could fit into the RDN Poverty Reduction Strategy. This is to be discussed later in the agenda.

It was suggested that the SPT should put on their next agenda to ask representatives from the local Seniors Centres to join the SPT.

**CRN** – The CRN representative shared news of upcoming initiatives. Information will be circulated to CoP members. Jane V is taking on the CRN Coordinator role for OHWN at present. Who should actually be taking this role going forward? When we have a broader CoP table we will review this. CRN 101 – we will plan to do the CRN 101 presentation at a network event.

**Perfect Storm (PSG)** – This group has now put out a request for a Feasibility Study which will take place from September to November.

**Networking meetings** – When we reduced the CoP meetings from 2 ½ hours to 1 ½ hours, Jane V suggested that we have monthly 1-hour networking conversations, with 3 speakers each doing a segment. Both the CRN and PSG could be added to our first network conversation. CoP would decide who could present at these conversations.

#### Action:

Add to the next SPT Agenda to invite representatives from Seniors Centres to join SPT

**RDN Social Needs Assessment** – Courtney brought an update regarding the RDN Social Needs Assessment. In September they will be putting out a Request for Proposals, and expect to hire a consultant who will be in place in October. There was a question around the Gender based analysis, and CoP members gave suggestions around how to deal safely with the non-binary piece. The need for safety for people with lived experience was recognised.

There was also a question around the involvement of First Nations groups. Courtney has reached out to these local groups and some are interested in being involved.

Courtney encouraged CoP members to contact her with any further questions they may have. This item will be put early in the agenda going forward.

#### **Coordinator Updates:**

Jane V circulated her Coordinator's Report prior to this meeting. There were no questions from CoP members regarding her report.

Jane informed the CoP that there is an upcoming online 3-day workshop on Collective Impact training and she will be attending it. The CoP agreed to co-fund this workshop alongside the Nanaimo CHN. It was proposed that OHWN pay half of the cost, and CoP members seconded and approved this expenditure.

#### **Network Forum Planning:**

Purpose - The purpose of the upcoming Network Forum is to hold Community Conversations, reinvigorate the network, and encourage more people to join OHWN and maybe the CoP.

Topic - Comox Health Network recently held a forum called "What the heck just happened?" on the impacts of COVID-19. This was two 2-hour conversations with breakout rooms. They are going to use the results of the breakout rooms to hold 6 more conversations with a wider audience.

Comox had 2 professional facilitators running the forum. We could ask people in Oceanside how COVID-19 has impacted them. Since everyone has been impacted in some way by COVID-19, this is an all-encompassing topic that would be timely and relevant for our first network forum. Island Health is also

interested to receive the information that would come from this conversation. We could use the same template as Comox used, it was highly successful. Jane V will send their names to CoP members. The CoP were very interested in proceeding with this suggested topic. Jane V will also ask absent CoP members their opinion.

Other possible topics going forward include: Poverty and Poverty Reduction in Oceanside; Racism and Strategies to eliminate systemic racism; Climate change.

Date – it has already been suggested that this event take place in September; we now plan to hold it in the last week of September.

We would make the event open to everyone in the public so that we engage as many as possible in the conversation. Advertisements will be put in local papers, social media, Facebook, etc. Also promote it through the local Chambers of Commerce.

We have funds available for this initiative. Jane V will ask a facilitator to come to the next CoP meeting. She will send documents out beforehand so that we need less time for discussion.

#### **Decision:**

CoP members were all in favour of proceeding with a Network Forum event in the last week of September, following the Comox Health Network template and using the COVID-19 topic.

#### Action:

- Jane V to speak to absent CoP member(s) and get their input regarding the above decision
- Jane V to invite facilitator to come to September CoP meeting
- Jane V to send the relevant documents out to CoP members before the next meeting

#### **Potential new CoP members:**

Jane V is inviting two new people to the next CoP meeting. It has previously been agreed that we will change the system of bringing new members on to the Circle of Partners, and this will no longer be an electoral system.

# **Next meeting:**

The next CoP meeting will be on Thursday September 17<sup>th</sup> at 3:00pm on Zoom. Gerry will chair this meeting.

# Agenda items will include:

Action groups (including the Perfect Storm Group) Network event planning