

## Youth Week May 1 to 7, 2026

BC Youth Week is an annual celebration from May 1 to 7 that recognizes the value, diversity and contributions of young people and their vital role in shaping our communities through recreation, arts, leadership, volunteering and civic engagement. The Regional District of Nanaimo (RDN) encourages youth to participate in BC Youth Week events that provide opportunities to connect with their communities through free, inclusive and youth-focused activities, some of which are organized by local youth.

BC Youth Week events in the Oceanside area include:

- Teen swim at Ravensong Aquatic Centre
- Youth night at Oceanside Place Arena with games and pizza
- Youth recreation night at Meadowood Community Hall with floor hockey and activities
- Youth art exhibit at the Qualicum Beach Public Library
- Teens-only shopping night at SOS Thrift Shop
- Hands-on learning, such as WHMIS Certification and Turning Your Passion into a Paycheck
- Free 3-on-3 youth basketball tournament at the Coombs Fairgrounds



Each year, BC Youth Week is made possible through community partnerships that include the RDN, Arrowsmith Community Recreation Association, Sources Community Resources, Society of Organized Services (SOS), WorkBC Career Centre and numerous local organizations. This shared commitment enhances youth recreation and engagement opportunities in the Oceanside area and helps ensure youth feel welcomed, valued and supported within their communities.

For more information, including a full list of events, visit [getinvolved.rdn.ca/rec-connect](https://getinvolved.rdn.ca/rec-connect).

- 30 -

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**Get Involved RDN!**