

RDN Chair Issues Statement on Discretionary Travel During COVID-19

On behalf of the Regional District of Nanaimo (RDN) Board of Directors, Chair Ian Thorpe is urging all visitors, tourists and residents to avoid discretionary travel in the RDN including Gabriola, Mudge, and DeCourcy Islands. The Board passed a motion supporting this at yesterday's Special Board Meeting.

"Travel should be discouraged unless it's necessary," said RDN Board Chair Ian Thorpe. "The more we can encourage people to stay home and self-isolate and not go out unless they need to, the better."

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Physical distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak. This means avoiding crowded places and non-essential gatherings; limiting contact with people at higher risk (e.g. older adults and those in poor health); and keeping a distance of at least two arms lengths (approximately two metres) from others.

For the most up-to-date information and resources related to COVID-19, visit [Public Health Agency of Canada, BC Centre for Disease Control and Island Health](#). The RDN will continue to follow the directives of the health officials as the situation evolves.

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